

Palm Island Voice



FREE!

Issue 325.1

Monday 10 May 2021



Tribal Warrior crew will be back soon!

Tribal Warrior Aboriginal Corporation and Palm Island's Jina Gunduy Ltd are planning new maritime training courses for Palm Island in 2021.

Tribal Warrior-trained coxswain Valentine Nona said there were many reasons to sign up for the course.

"I think wellbeing is a big one," he said. "We all know

being on the water can make us feel good, and maritime training can give you more confidence, especially when you learn new skills and understand more about what water safety really means.

"It can help with job prospects too – experienced seafarers with the right qualifications can get work Australia-wide, and

hopefully we'll see more maritime jobs coming up on Palm Island.

"Some people have already put their hand up, but I know others in our community want to get involved."

If you're interested or want to find out more:

- Register for maritime training with Rainbow Gateway and put your name down for an information session; or,
- Look out for Valentine and ask him about maritime training.



Valentine Nona & Tribal Warrior's Shane Phillips in Sydney last week.



Bill Coolburra Shield '21'
Round 25
Saturday 4th September
Time (TBC)
Old Country Bank Stadium, Townsville
Curtain Raiser to NQ Cowboys Vs Manly Sea Eagles

PALM ISLAND SKIPJACKS vs **THE AUSTRALIAN ARMY**
RLFC vs AUSTRALIAN ARMY

Proudly Sponsored by:
SEALINK, COWBOYS, and other logos.



COVID vaccine rollout starts TODAY!

Townsville Hospital and Health Service will begin the rollout of the COVID-19 Pfizer vaccine today.

Townsville Public Health Unit director Dr Steven Donohue said the clinic would be held at the Palm Island Primary Healthcare Centre from 10 May to 14 May to administer the first of two doses of the Pfizer vaccine.

The clinic will operate during these hours:

Monday 10 May: 10.30am-6pm

Tuesday 11, Wednesday 12 & Thursday 13 May: 10am to 6pm

Friday 14 May: 8am to 2pm

Dr Donohue said it was important to be vaccinated as COVID-19 can make people very sick.

“It is really important for your own safety and can prevent you spreading it to your family members,” he said.

“What we are sadly seeing overseas is a very devastating reality for many communities.

“Vaccination is your best protection. The COVID-19 vaccine is safe and free.”

Dr Donohue has urged

Palm Islanders to book their appointment by visiting the Palm Island Primary Healthcare Centre or calling 4752 5957.

“Booking ahead means that we can help you with the paperwork beforehand which will make it easier and faster on the day,” he said.

“If you need assistance in getting to your appointment, let us know. We will come and pick you up and drop you home.

“Walk ins will be allowed but our preference is for people to book beforehand.”

Dr Donohue said Palm Islanders would start with the Pfizer vaccine because it is good for all adults.

“Millions across the world have received their Pfizer vaccine and now have strong protection against this nasty virus,” he said.

“I really hope the community comes and gets their jab.”

Palm Islanders can still get the alternative AstraZeneca vaccine, in two doses.

Dr Donohue said AstraZeneca is recommended for people aged 50 years and over. “They should

have a chat with their GP or Aboriginal Medical Service,” he said.

“AstraZeneca is available in Townsville from GPs and TAIHS – the Townsville Aboriginal and Islander Health Service.

“The AstraZeneca vaccine is safe and effective. A very rare type of blood clot among some younger persons is why we are asking people to speak to their doctor about that one.”

Joyce Palmer Health Service Medical Superintendent Dr Bryce Nicol said people should ask their doctor, nurse or health worker if they have any concerns about vaccination and their own health.

“The only people who should delay their vaccination are pregnant women, but everyone else can be vaccinated,” Dr Nicol said. “Getting vaccinated means you are protecting yourself and your community.”

Dr Donohue held an information session on Palm Island on Wednesday 28 May and said he will continue to talk with the community about the benefits of vaccination.

OUR NEXT fortnightly DEADLINE* (Issue 326) is this Thursday 13 May for publication on **MONDAY 17 May!**

The **Palm Island Voice** is published *weekly if we have paid advertising, or otherwise fortnightly by the Palm Island Aboriginal Shire Council. For advertising rates and/or more information contact the Editor on 0419 656 277 or at chowes@westnet.com.au Members of the Palm Island community and local organisations are welcome to submit birthdays, community information, pics, yarns and letters to the Editor, Christine Howes. You can also follow us on Facebook! We have 2,721 'likes'!

The **Palm Island Voice** is free and online at <http://www.chowes.com.au>

Operating Hours for Palm Island Council are Monday–Friday 8am – 5pm

If you have any questions please contact Reception on 4770 1177 or 4770 0200

Palm Island Aboriginal Shire Council has 4,210 'likes' on Facebook!!!

